

Athletic Training Course Checklist

In addition to the following major courses, you must complete the following requirements to graduate:

- Complete ISU General Education Requirements (Associate's of Arts/Science degree or I.A.I – transfer general education)
- Earn Cs in ALL your required major classes, a 2.7 major and cumulative ISU GPA.
- Earn at least 120 hours toward graduation
- Earn a minimum of 42 senior college hours (at the 200 level or above)
- Complete Global Studies Requirement

KINESIOLOGY CORE REQUIREMENTS = 5 courses/15 hours

✓	COURSE #	COURSE TITLE	CREDIT HOURS
	KNR 181	Human Anatomy & Physiology	3
	KNR 182	Human Anatomy & Physiology	3
	KNR 257	Motor Learning & Performance	3
	KNR 280	Exercise Physiology (KNR 181, 182)	3
	KNR 282	Biomechanics of Human Movement (KNR 181, PHY 105, or PHY 108)	3
		Recommended:	
	KNR 183	Human Anatomy & Physiology Lab I	1
	KNR 184	Human Anatomy & Physiology Lab II	1

ATHLETIC TRAINING CORE COURSES = 21 courses/48 hours

	KNR 188	Intro to Athletic Training (Fall)	2
	KNR 252	Emergency Aspects of Athletic Injuries (Spring) (KNR 298.11)	3 - \$29.95
	KNR 284	Prevention & Care Athletic Injuries (Spring) (KNR 181)	3
	KNR 288	Therapeutic Modalities (Fall) (KNR 181, 182, 188, 284)	3
	KNR 298.11	Professional Practice: Athletic Training Clinical Competencies I (Spring)	1 - \$36.00
	KNR 298.12	Professional Practice: Athletic Training Clinical Competencies II (Fall)	1 - \$25.00
	KNR 298.13	Professional Practice: Athletic Training Clinical Competencies III (Spring)	1 - \$25.00
	KNR 298.14	Professional Practice: Athletic Training Clinical Competencies IV (Fall)	1 - \$10.00
	KNR 298.15	Professional Practice: Athletic Training Clinical Competencies V (Spring)	1 - \$10.00
	KNR 334	Therapeutic Exercise (Spring) (KNR 182, 188, 284, 288)	4
	KNR 335	Administration Athletic Injuries (Spring) (KNR 188, 284)	2
	KNR 345	Advanced Functional Anatomy (Fall) (KNR 181, 182)	3
	KNR 361	Pathology and Pharmacology in AT (Fall)	3
	KNR 362	Seminar in Sports Medicine I (Fall)	1
	KNR 363	Seminar in Sports Medicine II (Spring)	2
	KNR 387	Athletic Injury Assessment I (Fall) (KNR 181, 284)	3
	KNR 388	Athletic Injury Assessment II (Spring) (KNR 188, 284)	3
	KNR 398.12	Professional Practice	6 - \$4.00
	FCS 102	Fundamentals of Human Nutrition	3
	HSC 105	Medical Terminology	3

\$ - Fees in addition to tuition are associated with these classes. Required fees include a physical examination (188), CPR certification (252), and miscellaneous items associated with professional practice (e.g. lab supplies, transportation, and clothing).

The Athletic Training Education Program has a clinical requirement that coincides with each semester of enrollment in the program. Students complete approximately 200 clinical hours per semester of 1000 total over the 5 semesters of the program. See catalog for further information. Application to the Program is completed during the fall semester of the sophomore year for students who enroll at ISU as freshman or during the first fall semester of enrollment for transfer students. All application materials are due November 30th each year. The following criteria are required for application:

1. Completion of KNR 181, 188, and 188.01 with grades of "C" or better.
2. A minimum accumulative GPA of 2.7, minimum major GPA of 2.7.
3. Satisfactory completion of (minimum) 30 hours of directed observation in athletic training.
4. Completion of an essay and interview, criminal background check, performance evaluations, athletic training general knowledge examination.
5. Submission of two letters of recommendations.